



DATES/TIMES:

Friday, May 5 / 9 a.m. - 5:30 p.m.
Saturday, May 6 / 9 a.m. - 5:30 p.m.
Sunday, May 7 / 9 a.m. - 5:30 p.m.
Monday, May 8 / 8:30 a.m. - 5 p.m.

Note: You must attend all four days.

LOCATION:

Boyne District Library, Boyne City

WHO:

This training is for anyone interested in becoming a Birth Doula.

TRAINER:

Jessica English
BA, BDT/AdvCD/PCD(DONA), LCCE, FACCE
Heart, Soul, Birth Pro

VALUE:

\$699*

** Financial scholarships are available to support individuals who may otherwise be unable to attend.*

QUESTIONS:

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Birth Doula Training

Coming to Boyne City!

The Great Start Collaborative is hosting the DONA International Birth Doula four-day training to decrease obstacles for those wanting to become professional doulas and to fulfill the growing need for doula services, which are now covered by Michigan Medicaid in addition to private insurance, and private payment.

What is a Doula?

Doulas are non-clinical, trained professionals who provide physical, emotional, and informational support to pregnant individuals during the prenatal, labor and delivery, and postpartum periods helping them achieve the healthiest, most satisfying experience possible. Countless scientific trials examining doula care demonstrate remarkably improved physical and psychological outcomes for both pregnant, birthing, and postpartum people and their baby. In addition, Doula services have been shown to positively impact social determinants of health, support birth equity, and decrease existing health and racial disparities. Doulas have a positive impact on the well-being of the entire family.

Up to \$7,500 in financial scholarships are available to support those committed to providing professional doula services in our community. Apply today!



Scan the QR Code to learn more and apply or visit:
<https://bit.ly/doula23>



Charlevoix, Emmet,
Northern Antrim Counties
GreatStartCollaborative.org

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